

## Kickball Rules

1. Rule book – NSA Rule Book as a guideline, but all HHSC House Rules will supersede the NSA Rule Book.
2. Player Rules – Teams may field 10 players, 5 men and 5 women. Play must begin with 8 players, 4 men and 4 women. Playing with less than 8 players will result in outs in the kicking order each time through. In addition, playing more men than women will also result in outs in the kicking order each time through.
3. Kicking Order – Teams may bat entire roster alternating men and women, in the event of injury, the team will take an out the first time through.
4. Run Rule – 10 after 5 innings.
5. Game Times – 55 minute games.
6. Smoking – no smoking on the field.
7. Interference Rule – players must remain in the dugout to avoid interference.
8. Arguing/Swearing – players may question a call. Managers can question the umpire or ask the Park Manager for rulings. If a ruling is challenged the Park Director will refer to the NSA Rule Book. Any players swearing directly at umpires will be ejected from the game. Incidental swearing on the field or in the dugouts will result in a warning, then ejection.
9. Kicking Rule – ball can be kicked within the 3-foot circle in front of home plate. A ball that rolls over the plate is a strike ball. Three balls is a walk. Warning: you will be loudly booed when taking a walk – kick the ball!
10. Spikes – no metal spikes
11. Out of Play – balls kicked or thrown down the fence line/imaginary line catch and carry out, 1 base. Ball kicked and rolled out, 3 bases. Over throw out of play 1+1 (base going to, plus one more).
12. Slide Rule at the Plate – if there is a play at the plate, you must slide to avoid contact. If player is safe ahead of the play and there is no slide and no contact, the play is at the umpire's discretion. (Examples: bad throw, late throw, catch three feet in front of the plate). Any contact without a slide will result in an out. Any violent collision due to no slide, player will be ejected from the game. Slide rule will be enforced at 2<sup>nd</sup> base in the event of a double play for interference purposes.
13. Fielding Rule – outfielders must remain on the grass when a female is kicking.
14. Outs – a player may be forced out or hit by the ball. No throwing the ball at a player's head. If a player is hit in the head, the player is not out unless the player ducks into the throw. Violent throws to the head will result in ejection from the game.
15. Substitution rule: men sub in for men; women sub in for women. If a female player is injured a female player from another team which is already out of the tournament may be substituted in.

**Outfield: 2 men/2 women    Infield: 2 men/2 women    Pitcher/Catcher: Male/Female**