

Basketball Shootout

Event Rules

How to Play...

Teams consist of one male and one female; 50% of which must be company employed. Each two-player team has one minute to score as many baskets as possible from any of the six shooting spots or lay-ups identified on the court.

Each Shooting spot point value is indicated on each shooting spot. Point values range from 2 to 8 points.

The team with the highest score wins.

Game Rules...

1. One player begins on the half-court line with the ball. The second player begins at any place within the half-court area.
2. The referee indicates when play begins. The player at half-court dribbles to any shooting spot and either shoots or passes the ball.
3. A player cannot shoot consecutively from the same spot. All invalid shots will not be counted.
4. Teammates must alternate shots. If a player shoots two (2) consecutive baskets, the second basket will not count. Scoring will continue when the second player on the team attempts a basket.
5. When shooting, the player must begin with a portion of one foot touching the shooting spot. Jump shots are allowed.
6. Players must pass or dribble the ball from one shooting spot to another. One (1) point will be deducted for each dribbling or motion violation (traveling, double-dribbling, palming).
7. Each team can score a maximum of two (2) lay-ups worth two (2) points each during the one-minute competition.
8. The lay-up is worth two (2) points and must be attempted from within a three (3) foot radius of the basket.

Bonus Points...

Players have the potential to earn 25 bonus points.

A 10 point bonus can be earned if the player attempts a shot from each spot, including a lay-up.

A 15-point bonus can be earned if the player makes all attempted shots from each spot, including a lay-up.